

Section: **C**

Policy Number: **C-015**

Approval Date: **Nov. 21, 2012**

Subject: **Persons Supported Food and
Nutrition**

Total Pages: **1**

PERSONS SUPPORTED FOOD AND NUTRITION POLICY

Community Living-Central Huron recognizes the importance of “food and nutrition” for persons supported through the Agency, as well as culture, diversity, medical considerations, special diets and individual choice. Staff will be responsible for promoting and assisting persons supported to abide by the recommendations made under Canada’s Food Guide, as per the following guidelines:

- a) Persons supported will be encouraged to participate in daily meal planning and preparation of meals;
- b) Information will be provided to persons supported via Agency Staff, Public Health, Dietician or any other Agency approved education/training tool regarding food and nutrition as per Canada’s Food Guide;
- c) Documentation of meals will take place by Staff to monitor consistency to Canada’s Food Guide;
- d) Staff will monitor safe food preparation practices;
- e) Staff will monitor safe food storage practices, as per local health department regulations

Non-compliance with the Persons Supported Food and Nutrition Policy is subject to discipline, up to and including dismissal from Community Living-Central Huron’s employment.