

FOOTWEAR

Appropriate footwear definition: A proper-fitted shoe with a slip-resistant sole, low or medium heel that provides good stability, support and foot protection

Examples of Work Responsibilities

Pushing people in wheelchairs
Slippery surfaces inside or outside
Operating light machinery (ie. lawnmower, weed trimmer)
Standing and/or walking for extended periods
Exposure to snow, ice, cold temperatures
Exposure to sharps
Climbing ladders
Transferring, lifting heaving objects (people)
Exposure to uneven surfaces
Driving

Footwear Suggestions and Recommendations

Closed toe and back, no or low heel, slip-resistant, secure fit
Treaded soles, slip-resistant, no or low heel, secure fit
Safety boot, closed toe and back, no or low heel, slip-resistant, secure fit
Comfortable fitting, slip-resistant, no or low heel, secure fit
Insulated footwear; winter boots, good soles/grip, no or low or med heel, secure fit
Complete enclosure of foot by footwear, slip-resistant, secure fit
Closed toe and back, no heel slip-resistant, secure fit
Closed toe and back, no heel, slip-resistant, secure fit
Closed toe and back, no heel, slip-resistant, secure fit
Secure fit

HAZARD EXAMPLES

Slippery area rugs and runners	Electrical cords running under furniture, rugs, carpet
Inadequate lighting in home/apartment or apartment hallways/stairwells	Electrical cords attached with nails, staples
Floors contain loose or broken tiles	Excessive loads on extension cords
Lack of or inappropriate handrails on interior stairways (ie. not secure, not long)	Frayed or cracked electrical cords
Poor condition of stairs (ie. broken, steep, narrow)	Flammable items close to stove, electric heaters
Clutter on stairway/in hallways	Outlets/switches unusually warm to touch
Obstacles, clutter in all areas	Sharps/medications stored improperly
Poorly illuminated areas	No available PPE or not being worn properly
Ice/snow on sidewalks, proches, driveways, ramps	No portable fire extinguisher
Presence of animals, insects, rodents	Inoperable smoke detectors, CO2 detectors
Lack of or inappropriate handrails on exterior stairways	Unsanitary conditons (ie. accumulation of garbage, smell of urine)
Improper locking of medicine/medical supplies	Inadequate plumbing (ie. cannot access bathroom facilities, drinking water)
Lack of access to either side of the toilet or bed	Unsafe, inadequate or faulty equipment
Proper personal protective equipment (PPE) worn	Kitchen ventilation system or range exhausts do not function properly leading to indoor pollutants
Lifts and transfers completed as per Policy	Temperature in home/apartment is extreme (ie. too cold or too hot)
Vehicle (no safety equipment; no winter survival kit)	Lack of access to phone in event of fall, emergency, etc.
	No posting of emergency numbers or contacts near phone (ie. 911, Doctor, Poison Control)
	Cell phones not programmed to include emergency numbers and contacts