



ABA-based services
*and supports for children
and youth with Autism
Spectrum Disorders (ASD)*

SOUTHWESTERN ONTARIO

GROUP SESSIONS

Dear Parents/Caregivers,

We are pleased to offer several opportunities for you and your child or youth to join together with peers in a new environment to develop and practice new skills.

Please contact Community-Living Central Huron as soon as possible if any of these group topics interest you or with questions about any groups being offered.



- ✓ Groups are for both parents/caregivers and their children/youth with ASD to enjoy together therefore participation by parents/caregivers (18 years or over) is required
- ✓ Groups will typically be 8 - 10 sessions, one hour in length with the first session for parents/caregivers only.
- ✓ Parents/caregivers will receive support and guidance from an ABA-based services staff

Pre-requisites to attend the group:

- Registration for ABA-based services is required. Contact the Intake Coordinator at TVCC at (toll free) 1-866-590-8822, press 1
- Your child/youth shows an interest in the activities in the group being offered
- Your child/youth is able to understand simple instructions (based on descriptions above)
- Your child/youth is able to sit at a table and participate in activities with guidance and in proximity to other children/youth

Locations	Dates & Times	Themes and Ages	Description
Goderich	Mondays July 13, 20, Aug. 3, 10, 17, 24, 31 and Sept. 14 5:00 - 6:00 p.m.	Play Group 2-6 years	Do you want your child to learn how to play with some new toys/activities? This group will provide your child opportunities to learn skills such as functional play, turn-taking, waiting, compliance, and communication... all while having fun.

Locations	Dates & Times	Themes and Ages	Description
Stratford	<p>Wednesdays July 15, 22, Aug. 5, 12, 19, 26 and Sept. 2 and 9</p> <p>5:00 - 6:00 p.m.</p>	<p>Play Group 2-6 years</p>	<p>Do you want your child to learn how to play with some new toys/activities?</p> <p>This group will provide your child opportunities to learn skills such as functional play, turn-taking, waiting, compliance, and communication... all while having fun.</p>
Goderich	<p>Mondays July 13, 20, Aug. 3, 10, 17, 24, 31 and Sept. 14</p> <p>6:15 - 7:15 p.m. (7-11 yrs.) 7:30 - 8:30 p.m. (12+ yrs.)</p>	<p>Cards & Games Club 7-17 years</p>	<p>Does your son or daughter want to learn how to play some new games this summer?</p> <p>This group is an opportunity for your child to join together with peers and participate in a small group to teach and/or learn some new games.</p>
Stratford	<p>Wednesdays July 15, 22, Aug. 5, 12, 19, 26 and Sept. 2 and 9</p> <p>6:15 - 7:15 p.m. (7-11 yrs.) 7:30 - 8:30 p.m. (12+ yrs.)</p>	<p>Cards & Games Club 7-17 years</p>	<p>Does your son or daughter want to learn how to play some new games this summer?</p> <p>This group is an opportunity for your child to join together with peers and participate in a small group to teach and/or learn some new games.</p>
Huron and Perth counties	<p>July - September 2015</p>	<p>Toileting All ages</p>	<p>Are you considering starting to toilet train your child or have you already started the process and need some extra support to continue your child/youth's progress?</p> <p>This consult-based group is designed to help caregivers understand the steps involved in toilet training and build strategies to increase success.</p> <p>Individualized appointments will be scheduled following the parent (only) education portion of this group.</p>

Locations	Dates & Times	Themes and Ages	Description
Goderich	<p>Wednesdays</p> <p>October - November 2015</p> <p>5:00 - 6:00 p.m. (5-10 yrs.) 6:30 - 7:30 p.m. (11+ yrs.)</p>	<p>LEGO® Club 5-17 years</p> 	<p>Does your son or daughter like to build or explore?</p> <p>Through engaging with LEGO®, this group may target: multi-step instructions, communication, and simple social rules.</p>
Stratford	<p>Mondays</p> <p>October - November 2015</p> <p>5:00 - 6:00 p.m. (5-10 yrs.) 6:30 - 7:30 p.m. (11+ yrs.)</p>	<p>LEGO® Club 5-17 years</p> 	<p>Does your son or daughter like to build or explore?</p> <p>Through engaging with LEGO®, this group may target: multi-step instructions, communication, and simple social rules.</p>
Dublin	<p>Tuesdays</p> <p>October – November 2015</p> <p>6:00 - 7:00 p.m.</p>	<p>Zones of Regulation 7-14 years</p>	<p>Does your son or daughter struggle with their emotions?</p> <p>This group is an opportunity for your child to learn in a group format about self-regulation and emotional control. The focus of these sessions will be for your child to learn to identify emotions during times of stress and frustration, and to learn strategies to help them during these times.</p>
Goderich	<p>Wednesdays</p> <p>November 2015 – February 2016</p> <p>5:00 - 6:00 p.m.</p>	<p>Play Group 0-6 years</p>	<p>Do you want your child to learn how to play with some new toys/activities?</p> <p>This group will provide your child opportunities to learn skills such as functional play, turn-taking, waiting, compliance, and communication... all while having fun.</p>
Stratford	<p>Mondays</p> <p>November 2015 – February 2016</p> <p>5:00 - 6:00 p.m.</p>	<p>Play Group 0-6 years</p>	<p>Do you want your child to learn how to play with some new toys/activities?</p> <p>This group will provide your child opportunities to learn skills such as functional play, turn-taking, waiting, compliance, and communication... all while having fun.</p>

Locations	Dates & Times	Themes and Ages	Description
Goderich	Tuesdays November 2015 - February 2016 5:00 - 6:00 p.m. (7-12 yrs.) 6:30 - 7:30 p.m. (13+ yrs.)	Social Group 7-17 years	Does your child want to try some new activities and make some new friends? The sessions will include activities where social skills and peer interactions are the focus.
Stratford	Thursdays November 2015 - February 2016 5:00 - 6:00 p.m. (7-12 yrs.) 6:30 - 7:30 p.m. (13+ yrs.)	Social Group 7-17 years	Does your child want to try some new activities and make some new friends? The sessions will include activities where social skills and peer interactions are the focus.
Goderich	Wednesdays November 2015 – February 2016 6:30 - 7:30 p.m.	Magic Group 10-17 years	Could your child benefit from increased confidence? Through learning and presenting different magic tricks, this group will focus on: presentation to others, confidence building and simple social rules.
Stratford	Mondays November 2015 – February 2016 6:30 - 7:30 p.m.	Magic Group 10-17 years	Could your child benefit from increased confidence? Through learning and presenting different magic tricks, this group will focus on: presentation to others, confidence building and simple social rules.
TBD	February – April 2016	<i>To be determined</i>	<i>Additional sessions will be planned. Let us know if there is a specific topic that interests you and your family!</i>

We look forward to hearing from you!

(Groups may be cancelled if registration is low, so please let us know what you're interested in.)

Call Community Living-Central Huron ABA-based services at 519-606-6611
to express your interest in groups.