



# INSIGHT

April 2023 Issue

## Executive Director Update

**May** is Community Living Month! **May** is a time when people from across Ontario will celebrate the strengths, gifts, talents and abilities of the people we support.

In the 1950's a movement began, as caregivers banned together to advocate for developmental support services for their children. Ever since, Community Living's across Ontario and other developmental agencies work to build a better life for people with disabilities.

CL-CH is joining forces with our neighbours, Community Living South Huron and Community Living Wingham and District, to celebrate May Community Living Month. We want to bring awareness to how far we have come and where we are headed, to ensure people live in dignity and share in all aspects of living in the community. Stay up to date through

our website and social media pages throughout the month of May, to see how you can get involved!

Wondering how you can be a part of the solution?

1. Be aware of your unconscious bias.
2. Use respectful language.
3. Hire someone.
4. Honour differences, don't fear them.
5. Make your space accessible.
6. Research and support an artist, author or entrepreneur who has a disability.
7. Become a member of CL-CH!

"Do the best you can until you know better. Then when you know better, do better" - Maya Angelou

**Volunteer to decorate  
or buy smile cookies  
at your local Tim Hortons  
May 1 to 7, 2023.**



**#SmileCookie**

**The Employee  
Wellness Committee  
is currently recruiting  
new members!**

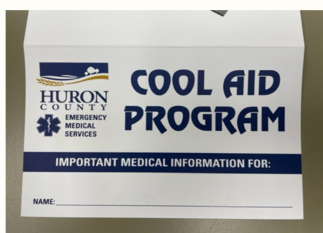
Our purpose is to develop,  
coordinate, educate and  
promote positive health and  
wellness among employees.

If this opportunity interests you, please  
reach out to [wellness@clch.ca](mailto:wellness@clch.ca) for more  
information.

# Community Support for Families

## Cool Aid Program

Community Support for Families partnered with Huron County Paramedic Services to distribute Cool Aid information cards to families in Huron County who have a child with a disability. The information cards will assist paramedics like Christian (pictured) to provide vital care in the early moments of an emergency.



## Huron Respite Network



The Huron Respite Network hosts monthly Caregiver Morning events for those who are caring for a dependent and loved one with a disability in Huron County. These opportunities provide a time of connection and self-care and promote a sense of community for those who wish to take a break and restore themselves in a fun and supportive environment.

This month's event was hosted at the Huron Ridge Greenhouse in Zurich, Ontario. Facilitators, Laura Kirk of the Huron Respite Network and Jill Robertson of Rural Response for Healthy Children, enjoyed the company of 5 caregivers who attended the event! Coffee, treats and warm conversation started the morning off followed by a tour of the greenhouses in full bloom and a DIY sprig planter activity was the grand finale!

Our next FREE Caregiver Morning will be hosted at Camp Kintail for a morning retreat on Tuesday, May 16th! Registrations can be received by emailing [lkirk@clch.ca](mailto:lkirk@clch.ca) or calling 519-524-7362 ext. 222. Enroll now, as spaces will fill quickly!

## Registered Disability Savings Plan (RDSP) Information Session (February 6th and 9th)

CSFF hosted two free RDSP information sessions featuring Certified Financial Planner, Julie-Anne Lizewski from Lighthouse Money Management. We had 10 registrations for these sessions (a mix of professionals and parents). Julie-Anne presented the information in a simplified manner and invested time in answering all questions. We are hoping to continue this Community Partnership and offer a RDSP information session on an annual basis.

## Henson Trust, Wills and POA information Session (March 30th)

CSFF was the host of a free information session on the Henson Trust, Wills and POA with keynote speaker Associate Lawyer, Lisa Toner from The Ross Firm. Registrations were a mix of Community Partners, professionals and family members. After the presentation, Ms. Toner graciously shared a copy of her slide show to the 9 participants.

Follow us on Facebook,

<https://www.facebook.com/communitysupportforfamiliesprogram/>, for more learning opportunities and to see what CSFF is doing.

## Community Participation Supports

### Tiny Art Show



Brittany and Heather were getting creative this winter by participating in the Clinton Library Branch's Tiny Art Show! They used their artistic abilities and own art supplies to decorate a 5x5 board. Brittany designed a doodled water color rose and Heather sketched an earthy toned sea turtle. Both beautifully done. Great job ladies. The Tiny Art Show opening was held on March 30th, 7 p.m. with a chance to view all submissions and mingle with the other artists. Artwork will be displayed in the library from March 30 to April 28, 2023.

# Other Agency News

Welcome to: Jackie Walker, Savannah Knorr, Jessalyn Ross, Derek Williams, Heather VanDorp.



## SCHOLARSHIPS

2023 OPPORTUNITIES FOR STUDENTS  
WHO RESIDE IN CENTRAL HURON OR GODERICH  
COMMUNITY

### **Evelyn M. Carroll Scholarship**

Financial support for people with a developmental disability who are furthering their post-secondary education, training or apprenticeship

#### **Value**

up to \$1000/annually per scholarship

#### **Deadline**

Friday May 19, 2023

### **Florence and Arthur Maskell Scholarship**

Financial support for a student who is furthering their post-secondary education, training or apprenticeship in the field of Human Services

#### **Value**

up to \$1000/annually per scholarship

#### **Deadline**

Friday May 19, 2023

Students may be eligible to receive this grant for a maximum of two years, but must submit an application each year

Visit <http://www.clch.ca/scholarships> for  
application and more details

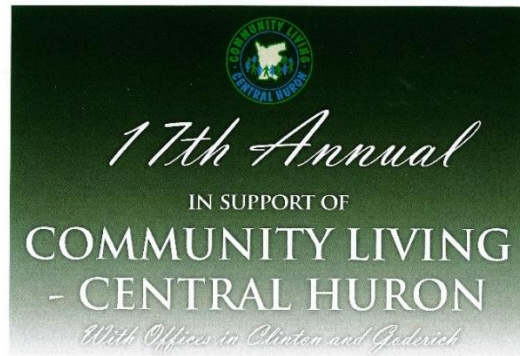


# Upcoming Events

## Gerbera Daisy Sale

The Gerbera Daisy Sale is an annual event that takes place in May, the week before Mother's Day.

Hope to  
see you  
there!



## 17th Annual IN SUPPORT OF COMMUNITY LIVING - CENTRAL HURON

Friday, June 16, 2023

at  
WOODLANDS LINKS  
GOLF COURSE

SCRAMBLE FORMAT - SHOTGUN START AT NOON.

WELCOME GIFT FOR EACH GOLFER AND STEAK BBQ TO FOLLOW.

\$150 (\$120 FOR WOODLANDS MEMBERS)

TAX RECEIPT IN ACCORDANCE WITH CRA GUIDELINES

GOLFERS REGISTERED BY MAY 6TH ENTERED IN

— EARLY-BIRD DRAW —

If you are interested in supporting a great cause by playing, volunteering or sponsoring this event please contact the pro-shop or Community Living at 519-524-7362

We welcome you to check our website, [www.clch.ca](http://www.clch.ca), or contact our office at (519) 524-7362 for information on upcoming Agency events.

**Community Living-Central Huron, 267 Suncoast Dr. East, Box 527, Goderich ON N7A 4C7**  
**Ph: (519) 524-7362 Fax: (519) 524-1511 Email: [clch@clch.ca](mailto:clch@clch.ca)**  
**E-transfer: [clchboard@clch.ca](mailto:clchboard@clch.ca) (Please provide details "Annual Membership/Donation")**

For more information, to make a donation, become a Volunteer or Member, please complete this section and return it to our office; address above.

☐ I would like to become a Member; annual cost \$5.00. Membership period is April 1st to the following March 31st; Members must be 16 years of age or older. I support the Agency's policies, purposes and vision. Being a Member entitles me/my immediate family members to utilize the Snoezelen Room (sensory experience on an hourly basis), receive a copy of the Agency's quarterly newsletter and be eligible to vote at the Annual General Meeting. My preferred method to receive the newsletter is:

Mail \_\_\_\_\_ Email (please provide) \_\_\_\_\_

☐ I would like more information about Community Living-Central Huron and/or I would like information on becoming a Volunteer, a Committee Member or Board Member.

☐ Enclosed is a donation in the amount of \$ \_\_\_\_\_. Receipts will be issued for donations of \$10.00 or more.

**Membership Application Form (Please Print)**

**Thank you for your support!**

Name & Address:

\_\_\_\_\_

\_\_\_\_\_

Phone No.: \_\_\_\_\_

Date: \_\_\_\_\_

Email.: \_\_\_\_\_

***"People live in dignity and share in all aspects of living in the community."***