



# INSIGHT

July 2023 Issue

## Executive Director Update

Community Living-Central Huron is grateful to all the supporters and golfers who participated in the 17th Annual Goderich & District Classic, which took place on June 16, 2023 at Woodlands Links outside of Clinton. The annual tournament is an excellent opportunity to spend a day on the course, while supporting the work of CL-CH. The tournament featured various contests and awards, which added to the excitement of the day. We are thrilled to have hosted our annual golf tournament that raised over \$38,000.00, and will go directly to making a difference to families and people supported. It was such a pleasure to see familiar faces as well as meeting new supporters at the event. We have a dedicated Committee who works very hard to ensure the tournament runs smoothly from start to

finish! This event is our largest fundraiser and has been instrumental over the years in helping us better serve those supported by Community Living-Central Huron and the various programs. The afternoon golf tournament attracted 115 golfers and over 118 corporate sponsors. We are so grateful for all our sponsors, many of whom have been involved since the very beginning. This year was marked with a special addition. A formal thank you was presented to Tom Morris, who had been the Chair of the Golf Committee for many years; he and his wife Margo continue to participate in the event. Tom has become a lifetime member, as a way to truly capture the impact he has had on our Agency. We also had the Overholt family except the cheque on behalf of families and people supported.

## Golf Tournament







# INCLUSION

A big thank you to the students, aged 7-13, who contributed to our Collaborative Art Project.



We closed out #CLMonth2023 by "taking a break" to show support for the community living movement. Together, we can create communities that foster #Inclusion and #Belonging. Other events we took part in during the month of May, were the Goderich BIA Farmer's Market and Gerbera Daisy Sales.





## Health and Safety Committee



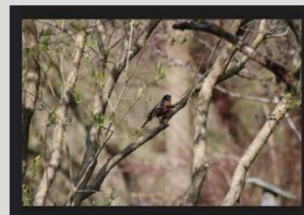
**ALWAYS WEAR SUNSCREEN!**

Even if it's overcast, be sure to goop up. Put sunscreen on before going outside and re-apply every 2 hours. Apply generously with at least an SPF of 30. Remember water-resistant sunscreen when in the water.

**HAVE A SAFE SUMMER!**

From Your Health and Safety Committee

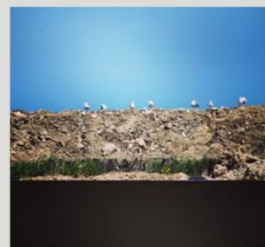
## Community Participation Supports



Ashlyn, who is a participant in CPS, has been travelling around Huron County taking photographs and developing her photography skills to compile a photograph book of the County of Huron. This year, she entered two of her photos in the Blyth Festival Art Gallery Community Show. A reception for the event was held on Saturday, May 27th at 6pm to celebrate the talents of our local artists. It was well attended.

Members of the community enjoyed feasting their eyes on 80 works of art created by 42 artists - ranging from paintings, to sculptural works, to ceramics, photography and fiber art.

The show ran from May 19th through June 9th. You should be very proud of your talent and hard work, Ashlyn!



## Community Support for Families

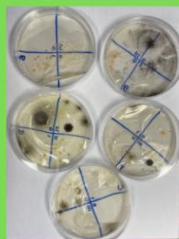
Community Support for Families was busy this spring hosting Sibshops.

CSFF partnered with Jill Robertson from Rural Response for Healthy Children in facilitating these groups, which are typically held on PA days throughout the school year.

CSFF had the privilege of partnering with Melanie Ball, from the Science Department at GDCI, in teaching our Sibbs group about germs and proper hand washing. Melanie provided the group with agar plates and resources on different types of bacteria. The group tested their own hands as well as different areas around the facility.

When the weather permits, our Sibbs sessions are spent outside. This past PA day, the group went on an outdoor adventure, finding treasures and critters in the Maitland Woods.

Keep an eye out on our Community Support for Families Facebook page for our upcoming scavenger hunt challenge, which will be posted soon.



## Huron Respite Network



The Huron Respite Network hosted 3 retreats at Camp Kintail on May 16th, May 17th and June 4th for caregivers, adults and youth. The retreats were well attended and provided an opportunity for family capacity building by giving caregivers a break for the youth and adult retreats. There were lots of self care and restorative activities during the caregiver retreat. We stepped out of our comfort zone and even tried the 100ft slide! There was opportunity to try our hand at archery, sling shot and test our balance on the low ropes course! The retreat ended with mindfulness activities and lots of tie dye!! We had lots of help from Camp Kintail Staff and Self-Employed Contract Workers, which made for some fun and exciting retreats for everyone involved!

Check us out on social media! We are on Facebook @HuronRespite and on Instagram @huronrespitenetwork!



The **Wellness Committee** celebrated *National Donut Day* on June 2, 2023 and distributed boxes of Culbert's cream puffs to all locations within Community Living-Central Huron.

The Wellness Committee is very excited to welcome it's new members, Wendy Clark, Chelsea Russell, Tina Pokrywka, Jasmine Milligan, Jessalyn Ross, Shannon Dale, Melissa Milligan, Penny Martin, Jean Lavis, and Katie Robson.



## Staff Recognition Awards

- ★ 25 years - Anita Boven
- ★ 20 years - Krista Wraith-Humphrey
- ★ 20 years - Giena Nonkes
- ★ 15 years - Debbie Newcomb
- ★ 15 years - Gail Peddle
- ★ 5 years - Nicole Emmerton
- ★ 5 years - Patricia Bringemo Bunn
- ★ 5 years - Symonette Challis
- ★ 5 years - Shannon Kirk
- ★ 5 years - Cheryl Souch

*Congratulations!*

## Other Agency News

Welcome to: Tina Pokrywka, Melanie Thackeray, Morgan Shean, Nicole Geldhof, Nathan Amaral, Reuben Van Breda, Madison Beishuizen, Matt MacPhee, Natasha Atwell, Leeshelle Cortez, Thomas Irwin.

We welcome you to check our website, [www.clch.ca](http://www.clch.ca), or contact our office at (519) 524-7362 for information on upcoming Agency events.

**Community Living-Central Huron, 267 Suncoast Dr. East, Box 527, Goderich ON N7A 4C7**  
**Ph: (519) 524-7362 Fax: (519) 524-1511 Email: [clch@clch.ca](mailto:clch@clch.ca)**  
**E-transfer: [clchboard@clch.ca](mailto:clchboard@clch.ca) (Please provide details "Annual Membership/Donation")**

For more information, to make a donation, become a Volunteer or Member, please complete this section and return it to our office; address above.

☐ I would like to become a Member; annual cost \$5.00. Membership period is April 1st to the following March 31st; Members must be 16 years of age or older. I support the Agency's policies, purposes and vision. Being a Member entitles me/my immediate family members to utilize the Snoezelen Room (sensory experience on an hourly basis), receive a copy of the Agency's quarterly newsletter and be eligible to vote at the Annual General Meeting. My preferred method to receive the newsletter is:

Mail \_\_\_\_\_ Email (please provide) \_\_\_\_\_

☐ I would like more information about Community Living-Central Huron and/or I would like information on becoming a Volunteer, a Committee Member or Board Member.

☐ Enclosed is a donation in the amount of \$ \_\_\_\_\_. Receipts will be issued for donations of \$10.00 or more.

**Membership Application Form (Please Print)**

**Thank you for your support!**

Name & Address:

\_\_\_\_\_  
\_\_\_\_\_

Phone No.: \_\_\_\_\_

Date: \_\_\_\_\_

Email: \_\_\_\_\_

***"People live in dignity and share in all aspects of living in their community."***